



HANDBOOK 2024

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BMX RACING TECHNICAL REGULATIONS

B1. APPLICATION

- B1.1. These BMX Racing Regulations, together with the General Regulations, shall apply to and bind any individual who participates (whether personally or through another individual), organises or officiates in any BMX Racing Event.

B2. CYCLES, CLOTHING AND EQUIPMENT

B2.1. Cycles

- B2.1.1. The following cycles only are eligible for use in BMX Racing Events held under the Technical Regulations:

- B2.1.1.1. For bicycle Events - two-wheeled one-track cycles carrying one rider.

- B2.1.2. Any cycle used in BMX Events held under the Technical Regulations must operate wholly through the motive power of its rider.

- B2.1.3. All cycles must conform with the following:

- B2.1.3.1. The cycle's frame must be of sufficient strength to withstand the rigours of BMX racing. It must not have any cracked or bent frame members or welds; and

- B2.1.3.2. Aerodynamic accessories, chain guards, side stands, mud guards, sheet metal accessories such as simulated fuel tanks, butterfly nuts, any superfluous welded or mechanically fastened fittings such as chain guard lugs, frame mounted reflectors and any other sharp protruding objects are not permitted.

- B2.1.4. All accessories must be securely fastened and subject to B2.4 any equipment that is not essential for competition purposes must be removed.

B2.1.5. Wheels

- B2.1.5.1. Wheel axles may not protrude more than 5mm beyond the hub nuts.

- B2.1.5.2. Cycles with 20" wheels must be raced only in standard categories.

- B2.1.5.3. All cycles used in the standard 20" type categories must be equipped with matching wheels that are 20" in diameter. The total

diameter of the wheels, inflated tyres included, must not exceed 22.5".

- B2.1.5.4. All cycles used in the cruiser type categories must be equipped with matching wheels that are 22.5" in diameter. The total diameter of the wheels, inflated tires included, must be no larger than 26".

- B2.1.5.5. The cycles of riders aged 8 and under may be equipped with wheels smaller than 20".

- B2.1.5.6. Wheels must be laced with the full complement of spokes for which the hubs and rims are intended. Disc wheels are not permitted. Wheels must be open.

B2.1.6. Handlebars

- B2.1.6.1. The maximum width of handlebars shall be 29".

- B2.1.6.2. The maximum rise of handlebars shall be 12".

- B2.1.6.3. Handlebar grips are mandatory and must completely cover the ends of the handlebars.

- B2.1.6.4. Handlebar ends shall be plugged, not merely covered by tape.

B2.1.7. Steering head

- B2.1.7.1. The stem may not protrude above the headset locknut by an amount that exceeds the manufacturer's recommendation or by more than 5cm if no maximum height mark is inscribed on the stem.

B2.1.8. Brakes

- B2.1.8.1. All cycles must be equipped with an effective rear brake, which must be operated by hand.

- B2.1.8.2. The rear brake cable/hose must be secured to the frame.

- B2.1.8.3. A front brake may be fitted but is not required.

- B2.1.8.4. The free end of the handbrake lever must be smoothly rounded or covered in such a manner as to prevent it from presenting a hazard.

B2.1.9. Seat

- B2.1.9.1. The seat post must be secured to the seat tube by means of a seat post clamp. This clamp's fixing bolt must not protrude from the body of the clamp by more than 5mm.

B2.1.10. Cranks, Pedals and Gears

- B2.1.10.1. Toe clips and straps are not permitted.
- B2.1.10.2. Interlocking pedal-cleat systems are allowed. Where an interlocking pedal-cleat system is used, the rider must be able to demonstrate the ability to engage and release from the pedals upon any request from an Official.
- B2.1.10.3. The minimum age category whereby interlocking cleat pedals are permitted is 13 years. Riders who have been granted dispensation by the Federation and are eligible to enter a Race category whereby cleat pedals are permitted should follow the regulations of that category.
- B2.1.10.4. Multiple speed gear systems are permitted.

B2.2. Clothing

- B2.2.1. Where racing clothing has been registered by a Club or Team, that racing clothing must be worn by all riders representing such Club or Team when competing in Events.

B2.2.2. Jersey

- B2.2.2.1. A rider's jersey must be a loose-fitting long-sleeved jersey. Jerseys used in BMX Events must be of a type specifically sold for use in BMX, motocross or Mountain Bike Downhill. Custom produced jerseys of this type and matching these requirements are permitted.
- B2.2.2.2. Skinsuits or one-piece suits comprising of the jersey and the pants are not permitted for use in BMX Events. Jerseys with zips are not permitted, aside from a zip at the collar less than 10cm long.
- B2.2.2.3. The jersey must be either close fitting around the waist or tucked into the pants before the start to not cause interference.

B2.2.3. Pants

- B2.2.3.1. The rider must wear either long pants, or shorts combined with suitable knee and shin protection. Such long pants or shorts must be of a type that are specifically designed and sold for use in BMX, motocross or Mountain Bike Downhill. Custom produced pants or shorts of this type and matching these requirements are permitted.

- B2.2.3.2. Long pants of the type described in B2.2.3.1 must be loose fitting, of one-piece construction and made of tear resistant material. They must cover the entire length of both legs until just above the shoe or ankle.
- B2.2.3.3. Shorts of the type described in B2.2.3.1 must be loose fitting, of one-piece construction and made of tear resistant material. They must be worn together with leg protection that covers the entire knee and the entire shin until just above the shoe or ankle. Such protection must be of a type that is specifically designed, constructed and sold to protect the knee and entire shin for BMX, motocross or Mountain Bike Downhill.
- B2.2.3.4. Pants or shorts composed of tight-fitting stretch material are only permitted to be worn if under acceptable long pants or shorts, or to cover acceptable knee and shin protection, or under or as part of the construction of that protection.

B2.2.4. Gloves

- B2.2.4.1. Full finger gloves must be worn.

B2.3. Equipment

B2.3.1. Number Plates

- B2.3.1.1. Each cycle entered into an Event must have a number plate attached to the front of the handlebars. Number plates must be made of flexible plastic or other similar flexible material.
- B2.3.1.2. Digits must be a minimum of 7cm tall and 4.5cm wide, with a minimum stroke thickness of 1.2cm. Space between digits must be 1cm. There must be no italic or stylised characters.
- B2.3.1.3. Riders must use the plate and number colour combinations specified for the category in which they are racing as follows:

CHAMPIONSHIP	
Elite	White plate, black numbers
Junior	Black plate, white numbers
CHALLENGE	
Open/Boys	Yellow plate, black numbers
Female/Girls	Blue plate, white numbers
CRUISER	
All	Red plate, white numbers

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B2.3.1.4. If a photo finish system is utilised, each cycle entered into the Event must display a lateral number plate/sticker located just behind the steer tube. The number shall be black with a white background. The height of the number must be a minimum of 8cm with a width of 1cm and with a gap of 1cm between numbers. These numbers must match that on the front plate and be on both sides of the bike and not folded or curved. No other logo, graphics or colour is allowed within the number area of the plate. All prefixes and suffixes must be the same size as above, i.e., W1 and not w1.

B2.3.1.5. The required background colour must be clearly visible around and in between all numbers used. The background colour must not be cut down to follow the contours of a number but may be cut to follow the design of the number plate or to form one straight line defining the edge of the background. No other markings or age stickers are permitted within the coloured background. Outside of the designated colour background and class sticker the rider is free to add sponsor or Club logos.

B2.3.2. Audio equipment

B2.3.2.1. Any use of radio links or other audio equipment by the riders is not permitted.

B2.3.3. Helmets

B2.3.3.1. Helmets must be of full-face construction equipped with a visor peak measuring at least 10cm.

B2.3.3.2. Any added aerodynamic accessories on helmets are not permitted.

B2.4 Cameras

B2.4.1 Subject to B2.4.5, cameras are permitted during British Cycling sanctioned Events. Use of cameras is restricted to full Licence Holders who are in the year of their 17th birthday or older. Riders with a Day Licence are not eligible.

B2.4.2 Cameras must either:

B2.4.2.1 be fitted to the bicycle using a system designed for bicycles and must not affect the certification of any item of the bicycle; or

B2.4.2.2 be mounted to the peak/visor of the helmet, or to the helmet provided the mount is integrated

as part of the helmet's design.

B2.4.3 Riders must ensure that the manufacturing guidelines are followed in respect of mounting all equipment and the camera does not cause any risk of danger or distraction to the rider or others.

B2.4.4 The rights in any footage captured during an Event are assigned to British Cycling. The rider is granted a worldwide, perpetual, royalty free, transferable licence to use the footage for any purpose. In using the footage, riders must act in accordance with British Cycling's Code of Conduct. Riders shall make any footage available to British Cycling upon request.

B2.4.5 Cameras shall not be permitted if reasonably restricted by the Chief Executive, the Organiser or upon any restrictions imposed by a facility or location.

B3. RIDER ELIGIBILITY AND ENTRY PROCEDURES

B3.1. The following categories of Events are available to any rider with or without Membership:

B3.1.1. Club Races;

B3.1.2. Winter regionals; and

B3.1.3. Novice racing at all regionals.

B3.2. The following categories of Events are only available to riders who hold a Silver or Gold Membership:

B3.2.1. All regional racing linked to British Championships qualification;

B3.2.2. Home Country and Regional Championships; and

B3.2.3. British National Championships.

B3.3. The following categories of Events are only available to riders who hold a Silver or Gold Membership and Racing Licence:

B3.3.1. National Series Events;

B3.3.2. International events; and

B3.3.3. Any other event that specifies a licence requirement.

B4. AGE CATEGORIES

B4.1. The following age categories for participating in Events shall apply:

CHALLENGE CLASSES: STANDARD 20" CYCLES	
CATEGORY	QUALIFICATION
6 and under	From date of 4th birthday until 31 December of year in which 6th birthday falls
7	Year in which 7th birthday falls
8	Year in which 8th birthday falls
9	Year in which 9th birthday falls
10	Year in which 10th birthday falls
11	Year in which 11th birthday falls
12	Year in which 12th birthday falls
13	Year in which 13th birthday falls
14	Year in which 14th birthday falls
15	Year in which 15th birthday falls
16	Year in which 16th birthday falls
17-18	From 1st January of year in which 17th birthday falls until 31 December of year in which 18th birthday falls
19-29	From 1st January of year in which 19th birthday falls until 31 December of year in which 29th birthday falls
Master (30-39)	From 1st January of year in which 30th birthday falls until 31 December of year in which 39th birthday falls
Veteran (40-49)	From 1st January of year in which 40th birthday falls until 31 December of year in which 49th birthday falls
Grand Veteran (50+)	From 1st January of year in which 50th birthday falls
9-12	From 1st January of year in which 9th birthday falls until 31 December of year in which 12th birthday falls
13-14	From 1st January of year in which 13th birthday falls until 31 December of year in which 14th birthday falls
15-16	From 1st January of year in which 15th birthday falls until 31 December of year in which 16th birthday falls
17-29	From 1st January of year in which 17th birthday falls until 31 December of year in which 29th birthday falls
30-34	From 1st January of year in which 30th birthday falls until 31 December of year in which 34th birthday falls
35-39	From 1st January of year in which 35th birthday falls until 31 December of year in which 39th birthday falls

CHALLENGE CLASSES: CRUISER 24" CYCLES	
CATEGORY	QUALIFICATION
40-44	From 1st January of year in which 40th birthday falls until 31 December of year in which 44th birthday falls
45-49	From 1st January of year in which 45th birthday falls until 31 December of year in which 49th birthday falls
50+	From 1st January of year in which 50th birthday falls

CHAMPIONSHIP CLASSES: STANDARD 20" CYCLES	
CATEGORY	QUALIFICATION
Junior	From 1st January of year in which 17th birthday falls until 31 December of year in which 18th birthday falls
U23	From 1st January in which 19th birthday falls until 31 December in which 22nd birthday falls
Elite	From 1st January of Year in which 19th birthday falls

- B4.2. Separate categories are recognised for girls and boys in the following age bands:
- B4.2.1. Challenge Classes: Standard 20" Cycles age category 12 and below;
- B4.2.2. Challenge Classes: Standard 24" Cycles age category 9-12.
- B4.3. Separate categories are recognised for open and female competitors in the following age bands:
- B4.3.1. Challenge Classes Standard 20" Cycles age category 13 and above;
- B4.3.2. Challenge Classes: Standard 24" Cycles age category 13-14 and above.
- B4.4. A rider must have reached their fourth birthday to be eligible to compete in a BMX Event.
- B4.5. The maximum advised combined age range for riders 16 years or below is four years. For example, 6-9, 8-11, 10-13.
- B4.6. Riders in their 9th year and older may be granted dispensation by the Organiser or race series committee to compete in a higher ability or age category of no more than two years.

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- B4.7. To compete in a Championship category, a rider must be in their 17th year or older. Riders in their 15th and 16th year may be granted dispensation by the Federation to compete in a Championship category in a club, regional, Home Country or national level Event.

B5. ABILITY CATEGORIES, EVENT CLASSIFICATION AND LICENCE POINTS

B5.1. Ability Categories

- B5.1.1. The following ability categories shall apply:
- B5.1.1.1. Championship comprising Elite, Junior or other categories specified by the Federation from time to time;
- B5.1.1.2. Challenge comprising all other categories; and
- B5.1.1.3. Novice at Home Country and Regional level (where available) and Club level.
- B5.1.2. Once a rider has competed in a Challenge Category at Home Country, Regional or British national level, the rider may not compete as a Novice from that point forward.
- B5.1.3. At British national level, a rider cannot ride in both Championship and Challenge levels during the same Event on the same type of cycle.

B5.2. Event Classification

- B5.2.1. *INTENTIONALLY LEFT BLANK*

B5.3. Licence Points

- B5.3.1. The relevant Licence Points awarded at certain Events are outlined in Appendix B2 and Appendix B3.
- B5.3.2. For ranking Events where categories are amalgamated into one Race, only one set of points will be awarded. The age/ability categories will not be split out but riders will receive points in their own category. Ranking points do not always follow the same points table as series points. Ranking points recognise an overall finish position, whereas software generated Race results may take Moto results into account.
- B5.3.3. A rider's best 12 results will count towards their end of season national ranking.

- B5.3.4. Licence Points shall not be carried from one Year to another.

B6. OFFICIALS

- B6.1. Each Event shall have:
- B6.1.1. an Administrator;
- B6.1.2. a Commissaire Panel of sufficient number to ensure all parts of the track are appropriately supervised;
- B6.1.3. a Start Official;
- B6.1.4. Starting Hill Officials;
- B6.1.5. Staging Officials; and
- B6.1.6. Finish Line Control Area Officials.

B7. INFRINGEMENTS

- B7.1. Infringements set out in Appendix B1 will be determined by the Commissaire Panel. If necessary, the Officials will determine whether an infringement was caused deliberately or not. An infringement is considered to be caused deliberately if it could have been avoided by any rider involved.

B8. GENERAL COMPETITION PROVISIONS

- B8.1. For each Event or Series and before registration commences, the minimum number of registered riders that constitutes a class shall be published.
- B8.2. If less than the minimum number of riders register for a category, they may be combined with another suitable category. If a category cannot be combined with another category as a result of these Regulations, it shall not take place.
- B8.3. If the minimum number of riders are registered, the category will be run even if less than that number of riders present themselves for racing.
- B8.4. All categories with nine or more riders will eventually transfer to a Final, which shall determine the final result.
- B8.5. The results of categories with eight or fewer riders will be determined over the number of Motos plus one (Grand Prix Format).

- B8.6. A BMX Event is comprised of three phases: the Motos; the Qualifiers; and the Final.
- B8.7. BMX track dimensions shall be as described in Appendix B4. The track must be of a compact, closed looped design.
- B8.8. All riders must adopt the correct position at the start gate with their cycles. The front wheel must be placed against the gate, be grounded and remain stationary during the starter's call. All riders must start in the designated gate position.
- B8.9. Regulations of Competition**
- B8.9.1. Practice
- B8.9.1.1. No rider will be permitted on the track on competition day until they have been officially registered for the Event and the Chief Commissaire allows it.
- B8.9.1.2. At least one official practice session must precede the racing at any Event. Separate practice times shall be allocated to each class or other designated group. Each group shall be given sufficient time to allow all its riders to complete at least four laps including practice gate starts. Each rider is responsible for making the best use of the time available for practice.
- B8.9.2. Staging and Gate Positions
- B8.9.2.1. The gate starting positions shall be determined by a randomised computer-generated order for the Motos. For all subsequent rounds, the starting position will depend on the riders' finishing position in the previous round.
- B8.9.2.2. All riders must start in their designated gate positions.
- B8.9.2.3. It is each rider's responsibility to be in the staging area and on the gate at the appropriate times.
- B8.9.3. The Start
- B8.9.3.1. A BMX Race shall be started using a starting gate equipped with a voice box starting system.
- B8.9.3.2. Where an electronically controlled starting gate is used in combination with a voice box, the recorded commands of the voice box must be as follows:
- B8.9.3.2.1 Stage 1: "OK Riders, Random Start"; and
- B8.9.3.2.2 Stage 2: "Riders Ready - Watch the Gate".
- B8.9.3.3. For safety reasons, the stop button may be pressed at any time up to the end of Stage 2.
- B8.9.3.4. The requirements for a voice box and an electronic starting system shall be as described in the UCI Regulations.
- B8.9.3.5. If a Race is stopped by Officials before its conclusion, the riders in the Race must return to the starting line immediately and await instructions.
- B8.9.3.6. A restart must be signalled by the Chief Commissaire or his designated assistant. A re-run of a Moto, Qualifier round or Final shall take place only if, in the opinion of the Chief Commissaire, the running of the original Race has been adversely affected by interference in the start procedure or interference by a spectator, animal or other outside agency.
- B8.9.4. Finish
- B8.9.4.1. A rider shall have finished at the moment when the tyre of the leading wheel touches the vertical plane rising from the leading edge of the finish line. The rider must be in contact with his bike at this time.
- B8.9.4.2. In a Final, at least two riders need to cross the finish line for a Race to be valid.
- B8.9.4.3. In case the Race is not declared valid, a restart with a minimum of three riders must commence within 15 minutes. In the case of no restart, the times or results for the Semi-final shall be declared the final result. In the case of a cancellation prior to the Final, the results of the previous stage shall be declared the final results.
- B8.9.5. Course Signals
- B8.9.5.1. Flags of the colours listed below are used by track Officials as a means of communicating with each other and to riders on the track. These flags have the following meanings:
- B8.9.5.1.1 GREEN FLAG: The course is unobstructed and racing can proceed.
- B8.9.5.1.2 YELLOW FLAG: The course is obstructed and racers should be held at the gate.

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- B8.9.5.1.3 RED FLAG:** Riders on the track should stop immediately and return to the starting gate to await further instruction.
- B8.9.6 Transfers and Scoring**
- B8.9.6.1.** In the Motos, for each heat in which a rider competes, they shall receive a point score equal to their finish position in the heat, with the rider in first place earning one point and so on down to the eighth-placed rider, who will receive eight points.
- B8.9.6.2.** During the Motos, riders scored with an invalid results mark will receive a score for that heat in accordance with B8.9.6.3. The riders with the lowest total points earned in the Motos transfer to the next stage of competition. In the Qualifiers, the top four riders will transfer to the next stage of the Qualifiers. In the Semi-Finals, the top four riders will transfer to the Final.
- B8.9.6.3** An invalid results mark will be one of the following:
- B8.9.6.3.1** Did Not Finish (“DNF”): A rider who starts but does not complete a heat or run will be recorded as “DNF” and will receive a score equal to the number of riders who started the heat. This rider will be eligible to transfer to the next stage of competition if their points allow. A rider can also be classed as DNF if assistance is required before finishing.
- B8.9.6.3.2** Relegation (“REL”): A rider who starts but has been relegated by the Commissaires’ Panel will be recorded as “REL” and will receive a score equal to the number of riders who started the heat, plus two. This rider will be eligible to transfer to the next stage of competition if their points allow.
- B8.9.6.3.3** Did Not Start (“DNS”): A rider who fails to start in a heat will be scored as “DNS”. For the purposes of determining their transfer eligibility, a rider will be awarded two more points than the number of riders on the start list for that heat.
- B8.9.6.4** The rider will be ineligible to transfer from the Motos to the next stage of competition if they are scored as DNS two or more times.
- B8.9.6.5.** If one or more riders fail to start in a Final they shall be declared as a DNS and shall be ranked in last place. In a Final, DNF shall be ranked before relegated riders and the latter before DNS riders. In case of multiple DNFs, relegated riders or DNSs in a Final, the tiebreaker (within each group) shall be the position in the previous heat.
- B8.9.6.6.** In the case of Moto rotation format, where a tie occurs in transferring or award positions, the tie will be decided by the rider’s best finish in the preceding Qualifiers. The next tie breaker shall be in descending order, i.e., third, second, first Moto finish result then, if applicable, time trial results or staged lap. Alternatively, a tie breaker “Run Off” Race shall be held with the result deciding which riders move to the next stage of competition.
- B8.9.6.7.** In the case of Grand Prix format, where a tie occurs for award positions, the tie will be decided by the rider’s place in the fourth Moto.
- B8.10. Protests**
- B8.10.1.** A protest may be filed by a rider for any of the following:
- B8.10.1.1.** The classification of a rider; and/or
- B8.10.1.2.** The scoring of a rider.
- B8.10.2.** Protests by riders regarding judgment decisions during a competition are not allowed. Commissaires in charge shall make decisions on the spot through the Chief Commissaire in case of any incidents or irregularities occurring during the competition.
- B8.10.3.** Any rider wishing to make a protest shall do so to the Administrator within 15 minutes of publication of the full results. The Commissaire Panel will conduct an investigation and render a decision within reasonable time.
- B8.10.4.** If a clear decision cannot be determined from the applicable scoring system during one of the three qualifying Motos, both riders will be scored with the better ranked finishing position. For example: a protest between fourth place and fifth place finishing position would in the case of a tied decision ultimately give both riders fourth place finish in that particular Race.

B8.10.5. When protesting a transferring position, a rider must do so prior to that rider's next round of racing.

B8.10.6. If a protested Race is not available via finish line equipment for viewing due to system failure, the score sheets will determine the finish position of the Race.

B9. BRITISH NATIONAL CHAMPIONSHIPS

B9.1. British National Championships shall be open to Silver and Gold Members who are citizens of the United Kingdom and dependent Territories, the Isle of Man, or the Channel Islands. Riders must hold a valid UCI-recognised licence showing the rider nationality as "GBR" which has been issued at least 28 days prior to the Event. If resident in another country the rider must hold a United Kingdom passport and must not, in the same Year, have competed in the national championship of any other UCI affiliated national federation.

B9.2. The list of entries shall be published as soon as practicable after the advertised closing date. After the list of entries has been published, no further entries shall be accepted.

B9.3. Where the number of entrants is lower than three, a British National Championship may not be held. For British National Championships restricted by age categories, after the entries have closed the Federation may choose to combine one or more adjacent categories to create a new British National Championship Event where the number of entries exceeds this limit.

B9.4. If a British National Championship is held, jerseys and medals shall be presented as follows:

AGE CATEGORY	NUMBER OF ENTRIES	MEDALS	JERSEY
Junior	3 or more	Gold, silver and bronze	Winner
	2	Gold and silver	Winner
	1	Gold	Winner
Elite or Amateur 30+	4 or more	Gold, silver and bronze	Winner
	3	Gold and silver	Winner
	2	Gold	None
	1	None	None

B9.5. As an alternative to the standard British National Champion jersey design, British National Champions in BMX have the option of wearing a jersey with the left arm sleeve representing the Union Jack. No advertising is permitted on that left arm sleeve. Apart from the left arm sleeve the remaining spaces (e.g. front, back and right arm sleeve) are left at the disposal of the riders for their usual sponsors.

B10. HOME COUNTRY AND REGIONAL CHAMPIONSHIPS

B10.1. *INTENTIONALLY LEFT BLANK*

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APPENDIX B1

Sanctions and Penalties Guidance

Pursuant to G8.1 and B7.1, at their discretion, a Commissaire Panel may impose a penalty or penalties upon Members (or participants in Events) for infringements of these Technical Regulations. In exercising this discretion, Commissaires must take into account the nature of the infringement and the category of Event concerned.

The following tables shall be used by a Commissaire Panel as a guide to the penalty or penalties appropriate for infringements. Where one or more penalties may be applied to an infringement, the Commissaire Panel shall, using their discretion, decide which is the most appropriate penalty (or penalties).

General infringements

INFRINGEMENTS		NATIONAL EVENTS	REGIONAL/CLUB EVENTS
1	Failure to correctly register and/or sign on	Verbal warning, fine of at least £30 and/or Disqualification	Verbal warning, fine of at least £20 and/or Disqualification
2	Use of inappropriate or non-regulation cycle, clothing, or equipment	Fine of between £50 and £100, start refused, Disqualification and/or referral to Disciplinary Officer	Fine of between £25 and £100, start refused, Disqualification and/or referral to Disciplinary Officer
3	Prohibited/non-regulation assistance, equipment exchange, refreshment	Fine of between £50 and £100 and/or Disqualification	Fine of between £25 and £100 and/or Disqualification
4	Continuing in an event after being withdrawn, or failure to complete a course	Time penalty, Relegation, Disqualification and/or fine of up to £100	Time penalty, Relegation, Disqualification and/or fine of up to £50
5	Disobeying an Official's instructions	Relegation, referral to Disciplinary Officer, Disqualification and/or fine of up to £50	Relegation, referral to Disciplinary Officer, Disqualification and/or fine of up to £50
6	Dangerous riding and/or compromising the safety of another Participant.	Fine of between £50 and £100, referral to Disciplinary Officer and/or Disqualification	Fine of between £25 and £50, referral to Disciplinary Officer and/or Disqualification
7	Conspiring, cheating or collusion to pre-determine or alter a result/placing	Disqualification, fine of £100 and referral to Disciplinary Officer	Disqualification and referral to Disciplinary Officer
8	Non-return of number/transponder/or any other equipment	Fine of £50 plus cost of item	Fine of £25 plus cost of item
9	Failure to attend official ceremonies	Forfeiture of prizes or fine of £100 and forfeiture of prizes	Forfeiture of prizes or fine of £50 and forfeiture of prizes
10	Breach of the British Cycling Code of Conduct	Referral to Disciplinary Officer, Disqualification and/or fine of £50	Referral to Disciplinary Officer, Disqualification and/or fine of £50
11	Conduct that may bring the sport into disrepute	Referral to Disciplinary Officer or fine of between £20 and £100 and referral to Disciplinary Officer	Referral to Disciplinary Officer or fine of up to £100 and referral to Disciplinary Officer

BMX Racing Infringements

INFRINGEMENTS		SANCTION OR PENALTY
1	Failure to adopt the correct cycle position on the start gate	Official Warning, Relegation or Disqualification
2	Starting from incorrect start gate	Disqualification
3	Deliberate Interference with another Rider(s) or an Event	Official Warning, Relegation or Disqualification
4	Deliberate forcing of another Rider off the Track	Official Warning, Relegation or Disqualification
5	Unsafe or unsporting track re-entrance <i>Any rider who leaves the track during a heat or run must, regardless of the circumstances, re-enter the track at the nearest safe point. They shall not interfere with the progress of any other rider or cut the track in order to gain an advantage.</i>	Official Warning, Relegation or Disqualification
6	Obstruction by the lead rider on the final straight of the Track <i>The lead rider shall have the right to choose his line on the track and through the corners. When on the final straight, however, the lead rider shall not deliberately obstruct another rider from passing.</i>	Official Warning, Relegation or Disqualification
7	Contact <i>A rider shall not cause any part of his person or bicycle to come into contact with another rider's person or bicycle during a heat with the intention of impeding that rider's progress so as to overtake them or cause them to be overtaken by another rider.</i>	Official Warning, Relegation or Disqualification
8	Team riding <i>Team riding or helping other riders to gain a higher finishing position is prohibited</i>	Official Warning, Relegation or Disqualification

Where an Official Warning has been issued and a Rider commits the same or another infringement during the same Event, such Rider shall be issued with a Disqualification from the Event.

BMX RACING TECHNICAL REGULATIONS

APPENDIX B2 – NATIONAL RANKING POINTS

International A	Olympic Games, Elite/Junior World Championships
International B	SX World Cup, Elite/Junior European Championships, Challenge World Championships
National A	British Championships, Championship Categories National Series
National B	National Series Challenge Categories, Other UCI Elite/Junior events, UEC European Challenges Series
Regional A	Regional Championships, Ability Categories at Regional Events
Regional B	Summer Regional Series Events
Regional C	Winter Regional Series Events, Scottish Regional Series, Other Ranking Events

APPENDIX B3 – LICENCE POINTS

POSITION	INTERNATIONAL A	INTERNATIONAL B	NATIONAL A	NATIONAL B	REGIONAL A	REGIONAL B	REGIONAL C	POSITION	INTERNATIONAL A	INTERNATIONAL B	NATIONAL A	NATIONAL B	NATIONAL C
1st	600	300	112	100	60	40	20	26th	130	65	17	15	5
2nd	520	260	100	90	50	34	18	27th	120	60	16	14	4
3rd	440	220	90	80	45	30	16	28th	110	55	15	13	3
4th	400	200	84	75	40	26	14	29th	100	50	14	12	2
5th	380	190	78	70	37	23	12	30th	96	48	13	11	1
6th	360	180	72	65	34	20	10	31st	92	46	12	10	
7th	340	170	66	60	32	18	9	32nd	88	44	11	9	
8th	320	160	62	56	30	16	8	33rd	84	42	10	8	
9th	300	150	58	52	28	14	7	34th	80	40	9	7	
10th	290	145	54	48	26	12	6	35th	76	38	8	6	
11th	280	140	50	45	24	10	5	36th	72	36	7	5	
12th	270	135	47	42	23	9	4	37th	68	34	6	4	
13th	260	130	43	39	22	8	3	38th	64	32	5	3	
14th	250	125	40	36	21	7	2	39th	60	30	4	2	
15th	240	120	36	33	20	6	1	40th	56	28	3	1	
16th	230	115	33	30	19	5		41st	52	26			
17th	220	110	31	28	18	4		42nd	48	24			
18th	210	105	29	26	16	3		43rd	46	23			
19th	200	100	27	24	14	2		44th	44	22			
20th	190	95	24	22	12	1		45th	42	21			
21st	180	90	22	20	10			46th	40	20			
22nd	170	85	21	19	9			47th	38	19			
23rd	160	80	20	18	8			48th	36	18			
24th	150	75	19	17	7			49th	34	17			
25th	140	70	18	16	6			50th	32	16			

APPENDIX B4 – TRACK DIMENSIONS

The following appendix is for guidance only, but it should be used and adhered to when new tracks or major track remodelling is being planned.

- The column titled “Other” is to ensure that competition may be considered on BMX tracks that do not cater for an 8 person start gate.
- Setting out track dimensions is in no way meant to stifle the development of BMX tracks. It is just to ensure that a common format for competition is being considered.

	EUROPEAN SERIES	NATIONAL CHAMPS	NATIONAL	REGIONAL	OTHER
Total Track length	300m – 400m			200m – 400m	N/A
Start Hill	Height - 5m+ Width - 8m+	Height - 2.5m+ Width - 10m 0.5m+ clear space either side of lanes 1 & 8		Height – 1.5m+ Width - 8m 0.5m+ either side of lanes 1 & 8	Appropriate to the start gate width, approximately 1m per rider
Width of Track	Start - 10m Other straights - 6m	Start - 10m Other straights - 6m	Start - 10m Other straights - 5m+	Start - 9m Other straights - 4m+	Appropriate to the start gate width
Width of Turns	Turn 1 - 8m+ Other turns - 6m	Turn 1 - 6m+ Other turns - 6m	Turn 1 - 6m+ Other turns - 5m	Turn 1 - 5m+ Other turns - 4m+	Dimensions may reduce accordingly
Number of Straights	Minimum of 4				N/A
Minimum Number of Turns	3 – must be paved, tarmac or concrete	Minimum of 3			N/A
Start Gate Height	50cm +. The gate should not have a greater angle than 90 degrees with the slope of the ramp which supports the cycles' wheels when they are in their starting position.				N/A
Start Gate Width	8m wide. The gate should be 50cm high and slip resistant.				Approximately 1m per rider
Initial Incline from Start Gate	12m +			6m+	N/A
First Straight Length	Championship – 70m Challenge – 60m		40m	30m	N/A
Distance to Obstacles	Gate to 1st jump – 20m 1st straight distance between jumps – 10m Other straights – 5m		Gate to 1st jump – 20m	Gate to 1st jump – 15m	N/A
Markings	White Lines marking the track edge		The boundary of the track and alternative sections shall be clearly identified		
Finish Line Markings	Straight line 4cm in width, painted in black in the middle of a white line 24cm in width.				
Staging	(10m x 8m) x 2 1 should be covered	(10m x 8m) x 1			N/A
Space for Spectators	3000 people	2000 people		Varies, dependent upon the size of the event	N/A
Distance to Track for Spectators	2m+				
Lights	Yes	N/A			
Parking Spaces	750	250 cars, 175 camping units		Varies, dependent upon the size of the event	N/A
Drainage	Yes				If possible

